Please read the following carefully:

This document contains the membership registration package consisting of the following five required forms for completion:

1. Registration Information (page 1);
2. Volunteer Information and Paddling and Practice Information (page 2);
3. DA Commitment Statement (page 3) to be signed, dated and initialed (where indicated);
4. Waiver (pages 4 & 5) to be signed, dated and witnessed;
5. Code of Conduct (page 6) to be signed and dated.

Note: An Explanation of the Waiver & Insurance Coverage is available on our website at www.dragonsabreast.ca

The annual membership fee for returning and new members is due by February 29, 2020. The last day to register for the paddling season is March 31, 2020.

Paddling Membership Fee (due by February 29)  $200.00 OR $300.00 (see Page 1 for details)
Late penalty to be applied after February 29  $25.00
Non-Paddling Membership Fee  $50.00

Please either bring your completed Registration Package of five forms (pages 1-6 inclusive), along with your cheque made payable to Dragons Abreast Inc. to the AGM on Saturday, November 16 or mail it to:

Alina Zogala  
3236 Sir John’s Homestead  
Mississauga, ON   L5L 2P1

or in lieu of a cheque, e-transfer your membership fee to: datreasurer@hotmail.com

NOTE: MEMBERSHIP FEES ARE NOT REFUNDABLE. However, a Paddling membership can be transferred to a Non-Paddling membership and the member refunded the difference providing the transfer request is made in writing to the Treasurer before April 1st.

This registration package is also available on our website at www.dragonsabreast.ca (on the Home Page, click on REGISTER)
Name: ____________________________________________________________________________________
Address: __________________________________________________________________________________
City: _________________________________ Postal Code: _________________________________
Email: __________________________________ Home Phone #: _______________________________
Bus. Phone #: ____________________________ Cell #: ______________________________________
Date and Year of Birth: _______________________________________________________________________
Present/Former Occupation: ___________________________________________________________________

I am interested in the following type of membership in Dragons Abreast for the current year. Please check one:

Paddling Member:
 a) _____ $200 if willing to take an ACTIVE role in an area listed on the Volunteer Information Page 2  
   _____ $300 if unable or unwilling to take an active role
 b) _____ $50 Non-Paddling Member

NOTE: MEMBERSHIP FEES ARE NOT REFUNDABLE. However, a Paddling membership can be transferred to a Non-Paddling membership and the member refunded the difference providing the transfer request is made in writing to the Treasurer before April 1st.

The following information is used to balance the boat so please be as accurate as possible:

Height: _______________ Weight: _______________
Paddle Preference: Left: _______ Right: _______ Both: _______
Steersperson experience? _______ Drummer experience? _______
Interest in learning to steer? _______ Interest in Drumming? _______

Please list any medical conditions the team should be aware of:
___________________________________________________________________________________________
___________________________________________________________________________________________

I can swim 50 meters: _______ Yes _______ No

EMERGENCY CONTACT:
Name: ____________________________________ Tel. #: _____________________________
Relationship: __________________________________
Member’s Name: ______________________________________________________

As a member of Dragons Abreast Inc. each of us should commit to participate in carrying out the functions that allow the team to continue. Well-run organizations thrive when members pitch in and help out to the best of their abilities.

Please indicate which of the following volunteer areas you are prepared to actively participate in. This list is not finite and if you can think of additional ways you can help that are not listed here, please write these in. Each member is expected to commit to at least one volunteer duty.

- Member of the Board __________
- Fundraising Committee __________
- Sponsorship Committee __________
- Social Committee __________
- Website Committee __________
- PR/New Member Outreach Committee __________
- Uniform and Equipment Co-Ordinator __________
- Race Venue Logistics Volunteers __________
- Other Volunteer Suggestions ______________________________________________________

PADDLING AND PRACTICE INFORMATION

Program Preference: Please tick applicable circle.

**Recreational Level:**
- ☐ 1-2 practices/week for fun and individual fitness goals – not interested in racing venues/competition.

**Competitive Level:**
- ☐ Sport: 2 practices/week – interested in regular racing venues.
- ☐ Rep: will require an additional Saturday practice for an extra fee (i.e., 3 practices/week) and a commitment to winter training – interested in more competitive racing venues (not open to first-year paddlers).

**Initial:** _____ I agree that if I cancel or do not renew my paddling membership with DA, I will return the paddle and pfd that was provided to me.
DRAGONS ABREAST INC. COMMITMENT STATEMENT

Initial each section to signify that you have read and understood:

Organization Commitments: Initial: _____
- I recognize that I am an advocate for our mission statement as described on the Home Page of our website and I will undertake to promote the objectives of our organization;
- I recognize that this is a volunteer run organization and I am prepared to participate in and/or support the organization to the best of my ability;
- I understand that I cannot expend any funds on behalf of Dragons Abreast Inc. without the prior approval of the Board of Directors;
- I will respond appropriately and in a timely fashion to communications from the organization (in reference to e-mail messages).

Team Obligations: Initial: _____
- I will attend the number of lake practices determined acceptable by my crew and promise to be accountable to my team. Attendance will be taken. Crew members are expected to attend the 4 practices during the 2 weeks prior to any venue they have committed to.
- I understand that physical fitness is an ongoing commitment and I will fulfill that commitment to the best of my ability by participating in a regular exercise program with the goal of improving my physical well-being and enhancing my ability to participate in races;
- I will notify my captain/co-captain if I am unable to paddle for whatever reason;
- I understand that I am part of a team and that I have responsibilities to my teammates; accordingly, I will contribute to a positive environment when representing my team;
- When traveling, I shall be particularly cognizant of my responsibilities as a member of the organization and I will work actively to promote our message in a positive and respectful manner.

Medical Considerations: Initial: _____
- I understand that I am responsible for my own health. I understand that the organization's Board of Directors, pool/lake/venue captains, and medical support personnel assisting in my paddling experience are acting in an advisory role only and without personal liability;
- I understand that I am encouraged to advise my doctor that I am participating on a dragon boat team;
- I understand that I must advise my pool/lake/venue captain if I experience any unusual medical problems.

PLEDGE:
I, ______________________________ pledge to uphold my commitment to Dragons Abreast Inc.

Date: __________________________ Signature: ______________________________
DRAGONS ABREAST INC.
RELEASE OF LIABILITY, WAIVER OF CLAIMS, ASSUMPTION OF RISKS
AND INDEMNITY AGREEMENT

BY SIGNING THIS DOCUMENT YOU WILL WAIVE CERTAIN LEGAL RIGHTS, INCLUDING THE RIGHT TO SUE. PLEASE READ CAREFULLY!

In full, or partial, consideration for allowing me to participate in all related events and activities sponsored by Dragons Abreast Inc., I hereby warrant and agree that:

1. I am familiar with and accept that there is the risk of serious injury and death in participation in any form of sports; and

2. I have satisfied myself and believe that I am physically, emotionally and mentally able to participate in this programme; and that my equipment is mechanically fit and appropriate for use in this programme; and

3. I understand that all applicable rules for participation must be followed and that at all times, the sole responsibility for personal safety remains with me; and

4. I will immediately remove myself from participation, and notify the nearest official, if at any time I sense or observe any unusual hazard or unsafe condition or if I feel that I have experienced any deterioration in my physical, emotional or mental fitness for continued participation in the programme.

I UNDERSTAND AND AGREE, ON BEHALF OF MYSELF, MY HEIRS, ASSIGNS, PERSONAL REPRESENTATIVES AND NEXT OF KIN THAT MY EXECUTION OF THIS DOCUMENT CONSTITUTES:

1. AN UNQUALIFIED ASSUMPTION BY ME OF ALL RISKS associated with my participation in all Dragons Abreast Inc. activities even if arising from negligence or gross negligence, including any compounding or aggravation of injuries caused by negligent rescue operations or procedures, of any one or more of the event organizers, the event venues, and any and all persons associated therewith or participating therein in any manner or fashion whatsoever; and

2. A FULL AND FINAL RELEASE AND WAIVER OF LIABILITY AND ALL CLAIMS that I have or may in the future have against Dragons Abreast Inc., the event venues, and their respective directors, officers, employees, servants, agents and representatives, all advertisers, volunteers, and all others participating in the programme, (all of whom are collectively referred to as the Releasees) from any and all liability for any loss, damage, injury or expense that I may suffer as a result of my use of or my presence at the event facilities or my participation in any part of, or presence at, the programme due to any cause whatsoever, INCLUDING NEGLIGENCE, GROSS NEGLIGENCE, BREACH OF CONTRACT, OR BREACH OF ANY STATUTORY OR OTHER DUTY OF CARE, INCLUDING ANY DUTY OF CARE OWED UNDER THE RELEVANT OCCUPIERS LIABILITY ACT ON THE PART OF THE RELEASEES; and
3. AN AGREEMENT NOT TO SUE THE RELEASEES for any loss, injury, costs or damages of any form or type, howsoever caused or arising, and whether directly or indirectly from my participation in any aspect of the programme; and

4. AN AGREEMENT TO INDEMNIFY, and to SAVE and HOLD HARMLESS the RELEASEES, and each of them, from any litigation expense, legal fees, liability, damage, award or cost, of any form or type whatsoever, they may incur due to any claim made against them or any one of them whether the claim is based on the negligence or the gross negligence of the Releasees or otherwise; and

5. I HEREBY GIVE MY CONSENT for photographs and other audiovisual recordings to be taken of me during Dragons Abreast events and I do further consent and give my permission for these to be used for the promotion of the team without any compensation to me and without further approval by me; and

6. AN AGREEMENT that this document be governed by the laws, and in the courts, of the Province in which the programme is held.

7. I can swim 50 meters without a lifejacket? YES ________ NO ________

I HAVE READ AND UNDERSTAND THIS AGREEMENT AND I AM AWARE THAT BY SIGNING THIS AGREEMENT I AM WAIVING CERTAIN SUBSTANTIAL LEGAL RIGHTS WHICH I AND MY HEIRS, NEXT OF KIN, EXECUTORS, ADMINISTRATORS AND ASSIGNS MAY HAVE AGAINST THE RELEASEES.

I SIGN THIS DOCUMENT KNOWING AND APPRECIATING ITS CONSEQUENCES

this ___ day of _______________________, 20___, at _____________________________________

Signature of Participant                        Printed Name of Participant

______________________________________________

Signature of Witness to Signature of Participant (cannot be related to Participant by Blood or Marriage)                        Printed Name of Witness

______________________________________________
CODE OF CONDUCT FOR DRAGONS ABREAST INC. MEMBERS

Understanding Responsibilities, Encouraging Appropriate Behaviors and Ensuring Safety of Self and Others:

All members of Dragons Abreast Inc. (hereinafter referred to as Dragons Abreast) are responsible for their own conduct. Dragons Abreast members are expected to demonstrate the character traits of respect, responsibility, fairness, caring, trustworthiness and sportsmanship. Specifically, members are expected to abide by the following code of conduct guidelines.

- Communicate with teammates, coaches and officials in a respectful and courteous way
- Accept and respect team decisions and coaching decisions
- Respect other paddlers and their paddling skills, regardless of their experience
- Strive for personal best and continue to improve
- Show kindness to others and give assistance when needed and support your crew by supporting your teammates
- Respect the privacy of other members.

Inappropriate behavior by team members as shown by the examples listed below could result in the review and/or termination of their membership by the Board and/or team as a whole.

- Rudeness
- Berating another Dragons Abreast member, coach or official. We do not tolerate personal attacks, racism, sexism or any other form of discrimination
- Tactless comments and inappropriate or negative communications
- Unwillingness to comply with coaches' requests or team decisions.

It is important to remember that a community where people feel uncomfortable or threatened is not a respectful one.

I, _________________________________________________, have read the above Code of Conduct for Dragons Abreast Inc. and agree to abide by these guidelines for positive behavior both on and off the boat.

Date: _____________________________________________

Conflict Resolution:

Disagreements, both personal and technical, happen all the time. Take some time to think before turning a disagreement into a public dispute or a public display of disrespect.

Team members may speak to their captain or coach regarding code of conduct concerns, but always away from other team members in a private setting. If the matter cannot be dealt with appropriately within the team, it must be brought to the attention of the Dragons Abreast Board of Directors Chair for action at the next Board meeting, if it is found that the Dragons Abreast Code of Conduct is not being followed by an individual or team.

All parties in a dispute have the right to make verbal and or written presentations to the Board of Directors.

The Dragons Abreast Board can then issue a verbal warning, a written warning, a period of suspension or a written letter of dismissal as determined by agreement of a quorum at a Board meeting, if it is found that the Dragons Abreast Code of Conduct is not being followed by an individual or a team.